SOFT LANDING

Consent to Share Information

Who I can talk to about your support, and what I can share

Version 1 · [date]

Sometimes support works better when the people around you are talking to each other. Your GP, your palliative care team, your vet, a family member. This form lets you decide who I can speak with, and what about.

Nothing is shared without your say. You can tick as much or as little as you like, add limits, and change your mind at any time. If you leave something blank, I'll take it as a no.

This form goes with my Privacy Policy, which explains how I collect, store and protect your information.

1. About you

Your name	
Phone	
Email	
If this support is for an animal, their name	

2. If you're signing for someone else

Only fill this in if you are giving consent on behalf of another person, for example as their guardian, enduring guardian or person responsible.

Name of the person being supported	

Your relationship to them	
Your legal authority (e.g. guardianship order, enduring guardian)	

Where it's possible, I'll still talk with the person themselves about what they're comfortable with, in whatever way they communicate best.

3. Who I can speak with

Tick yes or no for each. Add names and contact details where you can.

Person or service	Name and contact	Yes	No	Any limits?
Family member or friend				
Family member or friend				
Substitute decision-maker				
GP				
Palliative care team				
Hospital, hospice or aged care staff				
Disability or				

Person or service	Name and contact	Yes	No	Any limits?
NDIS provider, or support coordinator				
Counsellor or psychologist				
Spiritual or cultural support person				
Vet				
Funeral director or pet cremation service				
Other				

4. What I can share

Tick everything you're comfortable with. I'll only ever share what's needed for your support.

☐ That I'm supporting you, and how to reach me

☐ Your wishes for care, comfort and the end of life

☐ Practical arrangements, like visits, vigil plans or funeral plans

☐ How you're going emotionally, in general terms

☐ Health information you've shared with me

☐ Information about your animal's health and care

☐ Other: _____

Anything I should never share?

_____
___

_____
___

5. Receiving information

☐ Yes, the people I've ticked above can also share information with Carolina about my support (or the support of the person or animal named above).

☐ No, I'd rather information only goes one way.

6. How long this lasts

☐ Until our work together ends

☐ Until this date: _____

☐ Including a short time after a death, so I can help with arrangements and support the people named above

When I may share without your consent

Like every support worker in Australia, there are a few times I may need to share information without asking first. These are if I believe there is a serious threat to someone's life, health or safety, if a child or vulnerable adult is at risk of harm, or if the law requires it. If that ever happens, I'll tell you, unless doing so would put someone at risk.

I also talk about my work with a professional supervisor, without names or anything that could identify you.

7. Changing your mind

You can change or withdraw this consent at any time, by telling me in person, by phone or by email. It won't affect the support you get from me. Anything already shared before you

changed your mind can't be taken back, but nothing new will be shared.

8. Signing

I've read this form, I understand what I'm agreeing to, and I've had the chance to ask questions.

Name	
Signature	
Date	
Carolina Araya, Soft Landing	
Date	

Changes to this consent

Date	What changed	Initials

You'll get a copy of this form to keep. I'll store the original securely, as set out in my Privacy Policy.